

**MOST NEEDED BACK PACK FOOD ITEMS:**

1. Peanut Butter
2. Canned Tuna
3. Canned Chicken
4. Canned Fruit Cocktail
5. Canned Ravioli
6. Canned Spaghetti -n- Meatballs
7. Canned Peaches
8. Canned Pork-n-Beans
9. Granola Bars
10. Apple Sauce cups packs
11. Pudding cup packs
12. Box Macaroni -n-Cheese
13. 100% Juice (small plastic bottle)
14. Graham Crackers
15. Cereal (small box size)



**Food Drive Tips**

Below is a list of most needed items at a food drive. You may want to incorporate these suggested items in your materials.

<u>Canned Meats</u>	<u>Canned Fish</u>	<u>Other Items</u>	<u>Non-food Items</u>
Chicken	Tuna	Peanut Butter	Laundry and Dish
Turkey	Mackerel	Pasta	Detergent
Ham	Salmon	Rice	Shampoo
Beef Stew		Deluxe Macaroni & Cheese	Deodorant
		Soup	Toilet Paper
			Diapers
<u>Canned Vegetables</u>	<u>Canned Fruits</u>		
Beans	Pears		
Corn	Apples		
Potatoes	Peaches		

Financial donations to **Second Harvest Food Bank of Metrolina** are always appreciated and are a great way to multiply your helping. For every \$1 we receive, we provide 6 pounds of food assistance. If you plan to collect money, we would like the names and addresses of all donors so that we may acknowledge their gift. We suggest the following procedures:

When collecting cash donations, have a legal pad available and ask donors to write their name, address, phone number, and donation amount.

If people are giving by check, please be sure the donors' name, address, and phone number is on their checks.

All checks and cash (with donor lists) may then be sent to the Food Bank. Be sure you enclose a note with the name, address, and phone number of your organization and the contact person and the date of the food drive.

**Checks should be made out to "Second Harvest Food Bank."**